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| Week  **Advanced Acting & Dir** | Question / Goal | Activities |
| Aug 16 - 19 | Setting Norms/ Creating Ensemble & Safety | \*\* Please choose a sonnet and memorize ASAP. We will use this for the next several weeks of voice training. |
| Aug 22 - 26 | Noticing and Connecting to Breathe - Sound | * Relearning Linklater Voice * Touches of Sound * Sound and Movement * Zoo Woah Shaw |
| Aug 29 – Sept 2 | How does Active Breathe work? How is it different from Over breathing and Pushing? How does it give us access to being in the moment and give us access to our own rich emotional life? | * Active breathing with movement * Sonnets and checking in |
| Sept 6 - 9 | Active Breathe on Voice/Text | * Dropping in * Fitzmaurice Voice Work- mat work |
| Sept 12 - 16 | Active Breathe in Performance | * Choose a monologue that is very close to you. Your age. Your experience. |
| Sept 19 - 23 | Active Breathe in Performance |  |
| Sept 26 - 30 | Michael Chekhov Technique | * 4 Qualities of Movement * Floating * Molding * Flying * Radiating |
| Oct 3 - 7 | Michael Chekhov in Performance – How do the differing elemental qualities give richness and texture to meaning and performance? | * Sonnets and/or * Monologues |
| Oct 10 - 14 | How does your work with breathe and voice translate into scene work? | \*Everyone Rehearses Scene from *Look Back in Anger* by John Osbourne |
| Oct 17 - 21 | Reflection and Practice – What issues are you coming up against? Where is your breathe wanting to hold? Why? | * Creating Active improvisation to assist with scenes. * Bears and Wolves * Mud Fights |
| Oct 24 - 28 | How far have you come? | * Final Performances of Look Back in Anger * Reflection |
| Oct 31 – Nov 4 | Smattering of Movement Work | * Ballet – Kamal? * Yoga/Nia – Marianne |
| Nov 7 - 11 | Smattering of Movement Work | * Yoga/Nia – Marianne * Suzuki – Hannah/Luke/Tessa |
| Nov 14 - 18 | Creating Your Own Warm-Up:  Low energy?  High energy?  Quickie | * Write it Up * Teach it |
| Nov 21 - 25 |  | Ensemble Storytelling through breathe/movement/sound |
| Nov 28 – Dec 2 | Intimacy through breathe in scene work. | \*Scene work rehearse |
| Dec 5 - 9 |  | Scene work rehearse |
| Dec 12 – 16 |  | Perform |
| Dec 19 - 23 |  | Perform |